



COVID-19 SAFETY PLAN

The Everyday Lions Great Train Race

Association/club	Everyday Lions
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Version	1.0.
Brian Lyons is responsible for this document.	



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1. INTRODUCTION

The purpose of this COVID-19 safety plan is to provide an overarching plan for the implementation and management of procedures by Everyday Lions to stage the Everyday Lions Great Train Race fun run event on April 11th 2021.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among participants, coaches, officials, administrations/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the organisers for any facilities it controls, the competing behaviour of all participants and the monitoring and reporting of the health of attendees at the event.

This Plan includes, but is not limited to, the conduct of:

- a. Competition activities (sport operations); and
- b. Facility management and supporting operations (facility operations).

At all times the Plan is subject to all the regulations, guidelines and directions of government and public health authorities.

2. KEY PRINCIPLES

This plan is based on, and accepts, the AIS [The Australian Institute of Sport Framework for Rebooting Sport in a COVID-19 Environment \(ais.gov.au\)](https://www.ais.gov.au) (**AIS FRAMEWORK**)



[Coronavirus \(COVID-19\) AIS framework for rebooting sport \(health.gov.au\)](https://www.health.gov.au) (**NATIONAL PRINCIPLES**)

The plan also accepts as key principles that:

- The health and safety of participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Participants, coaches, officials, administrators/volunteers, families and the broader community need to be briefed on the Everyday Lions Great Train Race Safety Plan;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID- 19;
- Competition cannot commence until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the Everyday Lions Great Train Race, the organisers must consider and apply all applicable State and Territory Government and local restrictions and regulations.

3. RESPONSIBILITIES UNDER THIS PLAN

Everyday Lions retain the overall responsibility for the effective management and implementation of the activities and operations outlined in this Plan.

The organising Committee of the Everyday Lions Great Train Race are responsible for;

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revisiting the Plan as required ensuring it reflects up to date information and government and public health officials.

The Committee has appointed the following person as the Everyday Lions Great Train Race COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan;

Name	Amie Bramich
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Everyday Lions expects all participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of Government and public health authorities as issued from time to time;



- Understand and act in accordance with the Plan as amended from time to time;
- Comply with any precautionary measures implemented by Everyday Lions;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self- isolation and reporting of potential symptoms.

4. RETURN TO SPORT ARRANGEMENTS

The plan outlines specific sport requirements that Everyday Lions will implement for Level C of the AIS Framework when permitted under local restrictions and regulations.

4.1 AIS FRAMEWORK ARRANGEMENTS

The protocols for conducting sport operations and facility operations under Level C of the AIS Framework are set out in the Appendix.

4.2 ROADMAP TO A COVIDsafe Australia

Everyday Lions will also comply with Australian government’s (**Roadmap to a COVIDsafe Australia**)[3 Step Framework for a Covidsafe Australia \(pm.gov.au\)](https://www.pm.gov.au/news/roadmap-to-a-covid-safe-australia), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below)

AIS ACTIVITIES	Level A:	Level B:	Level C
	Training in no more than pairs. Physical distancing required.	Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.	Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.



ROAPMAP ACTIVITIES	N/A	Step 1: No indoor activity. Outdoor sport (up to ten people) consistent with AIS framework.	Step2: Indoor/outdoor sport up to 20 people. Physical distancing (density 4m squared)	Step 3: Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS framework.	Further steps TBC
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5. RECOVERY

When public health officials determine that the outbreak has ended in the local community, Everyday Lions will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. Everyday Lions will also consider which protocols can remain to optimise good public and participant health.

At this time the organising Committee of the Everyday Lions Great Train Race run Run will consult with key stakeholders to review the delivery of its return to sport arrangements and use the feedback to improve organisational plans and systems.

APPENDIX OULINE OF RETURN TO SPORT ARRANGMENTS

Part 1- Sports Operations

Area	Plan Requirements (for activities under AIS Framework Level C) for the Everyday Lions Great Train Race Devonport
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<p>Approvals</p>	<p>The organisers must obtain the following approvals to allow a return to training/competition at Level C:</p> <ul style="list-style-type: none"> • Relaxation of public gathering restrictions to enable training/competition to occur. • Local government/venue owner approval to training/competition at venue, if required. • Devonport City council approval • Insurance arrangements confirmed to cover competition.
<p>Competition Processes</p>	<ul style="list-style-type: none"> • AIS Frameworks principles- full sporting activity that can be conducted in groups of any size (subject to COVIDSafe Roadmap) • Organisers emphasise AIS Framework Principle of “Get in, Compete. Get out” – arrive ready to compete. • Limit unnecessary social gatherings. • Briefing Participants 1.5m apart. • Instruction provided to participants to take the necessary appropriate measures to avoid being within 1.5m metre radius of any other user without impeding the path of the other user. • Spectators reminded to spread out on course and self-seed at the start. • All attendees required to use hand sanitiser on arrival. • Personal hygiene encouraged (e.g., wash hands prior to competing, no spitting or coughing). • Advice to participants not to slip stream. • Attendance register kept for participants and spectators, officials and volunteers. All non- participants must sign in with official at registration desk.



<p>Personal Health</p>	<ul style="list-style-type: none"> • Advice for at risk participants not to attend. • Advice to athletes, coaches, volunteers to not attend if unwell (including signs/symptoms of cold, flu, COVID-19 or other illnesses). • Social distancing markers on ground at bib collection point. • Washing of hands prior to and after competition and use of hand sanitisers where available. • Avoid physical greetings (i.e., handshake, high fives etc). • Avoid coughing, clearing nose, spitting etc. • Food vendors advised to display social distancing measures.
<p>Hygiene</p>	<ul style="list-style-type: none"> • Any safe hygiene protocols distributed by national / state sporting body or local association that will be adopted by the event. • Tables and gazebo cleaned up during set up. • Advice to use Isowipes prior to using toilets. Isowipes provided in toilets with bin for used items. • Hand sanitiser station set up outside toilets and portaloos.
<p>Communications</p>	<ul style="list-style-type: none"> • The race director will brief athletes, coaches and volunteers on return to participation protocols including hygiene protocols (e.g., letter, email, Facebook post) and reinforcement of hand washing and general hygiene etiquette. • Posters re COVID-19 safety (hand hygiene, keeping your distance and keep cough under control) displayed on notice boards. • Continued endorsement of government COVIDSafe app and encouragement to athletes, coaches, members, volunteers and families to download and use the app.



	<ul style="list-style-type: none"> • How individuals can access mental health and well-being counselling services.
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Part 2- Facility Operations

Area	Plan Requirements (for activities under AIS Framework Level C) for the Everyday Lions Great Train race fun run Devonport
Approvals	<p>The organising committee must obtain the following approvals to allow use of public facilities at Level C</p> <ul style="list-style-type: none"> • State/local Government approval of the resumption of facility operations if required. • Local government, local council has given approval to use venue, if required. • Don River Railway given approval to use venue.
Facilities and Facility Access	<ul style="list-style-type: none"> • Check with councils/ venue managers that toilet facilities are open and have been cleaned • Check with Don River Railway toilet facilities are open and have been cleaned.

